

Lesson 3



Area: Show Respect

Title: **The Looking Glass**

Objective: Students will identify and examine self-respect

Materials: Paper
Writing Utensils
Journals
Board or Overhead
Markers

- Activity:**
1. Write the question “What is self-respect?” on the board or overhead and briefly discuss with the class.
 2. Randomly assign each student to a question below.
 - a) What is self-respect?
 - b) Do you have a lot or a little self-respect?
 - c) How do you show your self-respect?
 - d) How do you show self-respect in school?
 - e) How can you improve your self-respect at home?
 - f) What does your appearance say about your self-respect?
 - g) What would you think if your teacher came to class with their pants sagging or bra strap showing?
 - h) What is more important, what you wear to school or how you wear it?
 - i) Do you think that a person who respects himself or herself is more likely to be respected by others?
 3. Give students 5 minutes to answer their questions, then have a class discussion about self-respect. Ask students how their original concept of self-respect changed due to the answers to these questions.

Closure: Summarize class discussion on the key points.
Have students respond to the question, “What is self-respect?” in a journal or a piece of paper