Lesson 3

Area: Show Respect

Title: The Looking Glass

Objective: Students will identify and examine self-respect

Materials: Paper
Writing Utensils
Journals
Board or Overhead
Markers

Activity: 1. Write the question “What is self-respect?” on the board or overhead and briefly discuss with the class.

2. Randomly assign each student to a question below.

   a) What is self-respect?
   b) Do you have a lot or a little self-respect?
   c) How do you show your self-respect?
   d) How do you show self-respect in school?
   e) How can you improve your self-respect at home?
   f) What does your appearance say about your self-respect?
   g) What would you think if your teacher came to class with their pants sagging or bra strap showing?
   h) What is more important, what you wear to school or how you wear it?
   i) Do you think that a person who respects himself or herself is more likely to be respected by others?

3. Give students 5 minutes to answer their questions, then have a class discussion about self-respect. Ask students how their original concept of self-respect changed due to the answers to these questions.

Closure: Summarize class discussion on the key points.
Have students respond to the question, “What is self-respect?” in a journal or a piece of paper