Area:  Show Respect

Title:  Your “R” Rating

Objective:  Students will discover their own level of respect and choose a goal for the next week.

Materials:  “Your ‘R’ Rating” Worksheet
Writing Utensils

Activity:
1.  Hand out the following “Respect Rating” sheet and ask students to complete it individually – reminding them to be very honest.

2.  While students are responding to the survey, the teacher should post the following information on the board.

<table>
<thead>
<tr>
<th>Scores</th>
</tr>
</thead>
<tbody>
<tr>
<td>Always = 3 pts</td>
</tr>
<tr>
<td>Sometimes = 2 pts.</td>
</tr>
<tr>
<td>Seldom = 1 pt.</td>
</tr>
</tbody>
</table>

3.  Students need to add up their score at the end.

Closure:  Students should pick one area that they would like to improve on and write what they plan to do in the space provided. One week later, ask students how they are doing towards their goal.
Show Respect

1. I listen carefully when my friend talks.
   Always       Sometimes       Seldom

2. I try to be cheerful and cooperative even when I’m grumpy.
   Always       Sometimes       Seldom

3. I try not to get angry or rude when someone expresses a different opinion than mine.
   Always       Sometimes       Seldom

4. I look at my friends when they talk to me
   Always       Sometimes       Seldom

5. I look at my teachers when they talk to me.
   Always       Sometimes       Seldom

6. I look at my parents when they talk to me.
   Always       Sometimes       Seldom

7. I smile and greet people when I see them, not just my best friends.
   Always       Sometimes       Seldom

8. I ask before I take other people’s things.
   Always       Sometimes       Seldom

9. My friends and family can trust me not to hit, slap or trip them.
   Always       Sometimes       Seldom

10. When I talk to people, I use a pleasant tone of voice.
    Always       Sometimes       Seldom

11. I try not to say bad things about others behind their back.
    Always       Sometimes       Seldom

12. I follow the rules in my school.
    Always       Sometimes       Seldom

13. I follow the rules in my home.
    Always       Sometimes       Seldom

14. I am willing to try new things and meet new people.
    Always       Sometimes       Seldom

15. Pick one area where you would like to improve.
    In the space below, write what you will do in the next week to improve in this area.

Your “R” Rating

Directions: Circle the answers below that best describe how you would handle the situations listed.
For use with the lesson “Your ‘R’ Rating”

Add it up:
35 – 42 Wow!
29 – 34 Room to Improve
0 – 28 How Rude!