Lesson 7

Area: Be Inclusive

Title: Don’t Make My Brown Eyes Blue

Objective: Students will understand what it feels like to be excluded.

Materials: Candy (optional)
Desk-cleaning materials (optional)

Activity:

1. Split the class into two groups according to eye color, do not inform students of dividing trait (blue/green and brown/hazel eyes). Explain to the class that this is an activity and some may not like what they will be asked to do, but to do it anyway and it will be discussed when the activity is done.

2. Choose a group to be the “included” group. This group should receive praise, treats, extra attention, special treatment, etc.

3. The “excluded” group will clean up paper from the floor, sit on floor, clean desks, etc.

4. After 2-3 minutes of activity, bring everyone back to seats. Explain the activity is over and start discussion.

Closure: Discuss the following questions:

1. “How did I separate you?”
2. “How did you feel when you were included? In the excluded group?”
3. “Why do people exclude other people?”
4. “Did you feel the included group was better than you?”
5. “Did you feel that the excluded were less than you?”