

# Lesson 9



**Area:** Listen

**Title:** **Are You Really Listening?**

**Objective:** Students will identify and practice good listening skills.

**Materials:** Board or overhead.

**Activity:** 1. Put the following on the board: Listening...is being silent with another person in an active way. Ask students to reflect.

2. Tell the students that they are going to explore listening. Divide them into pairs. Ask each pair to decide who will be “A” and who will be “B”. Tell them that the “A’s” are to spend the next couple of minutes telling the “B’s” about their most exciting vacation *or* their dream vacation.

\*\*If you cannot think of “a most exciting vacation” story, you may select one of the incomplete sentences below and complete.

- My favorite class is...because...
- Some places I would like to visit are...because...

3. Tell them that the “B’s” are to use good listening skills until they hear you clap. At that time, they are going to use poor listening skills until you say time. The only thing that partner “B” cannot do is leave the room. Tell them that partner “A” has to continue talking throughout the entire time.

4. Say “Go,” and time them for 30 seconds. Clap and tell them to switch to poor listening. Time them for another 30 seconds. Clap and tell them to stop.

Tell them to reverse roles. Go through the process again, so all will experience being both talker and listener.

**Closure:** See Next Page



**Closure:** After the listening exercise, ask them:

When you were a talker:

1. "How was it when the other was listening to you?"
2. "How was it when the other was not listening to you?"
3. "What feelings did you have when the other was listening to you?"
4. "What feelings did you have when the other was not listening to you?"

When you were a listener:

1. "How did you feel when you were listening to the other?"
2. "How did you feel when you were not listening to the other?"
3. "When you were the good listener, how much do you remember?"
4. "When you were the poor listener, how much do you remember?"