Lesson 9

Area: Listen

Title: Listening With Purpose

Objective: Students will establish good active listening skills.

Activity: 1. Explain active listening to students.
   - Be attentive- look at speaker and make eye contact.
   - Acknowledge what the speaker is saying- “I see.” “Tell me more about…”
   - Encourage communication- ask questions.
   - Reflect back on the speaker’s main points.
   - Reflect back on speaker’s feelings.

2. Write a list of “conversation starters” on blackboard.
   - Scariest experience.
   - Favorite television show.
   - What I did yesterday.
   - An interesting person in my life.
   - A fun place I have been.
   - A topic of your choice.

3. Pair students. Each pair chooses a “conversation starter” and converses with partner. The student uses active listening skills to listen to his or her partner for five minutes (Three minutes to listen, two minutes to reflect back). Change speakers and repeat.

As an option for extending this activity, you may call upon students the next day to share with the whole class what they learned and remember from conversations the day before.

Closure: Hold a short discussion with the class. Ask the class:
   1. “How did it feel to talk to your partner in this way?”
   2. “How did it feel to listen?”
   3. “What was difficult about this experience? Why?”
   4. “Any other thoughts or feedback?”