

Lesson 13



Area: Pay Attention

Title: **A What?**

Objective: Students will learn the importance of listening as a tool for paying attention.

Materials: Any two small objects that can be passed around a circle of students.

Activity: 1. Before the activity begins, explain to students that they need to make a name, real or silly, for an object.

2. Students need to stand or sit in a circle.

3. Student A hands the object to student B and says: "This is a banana."
"A what?" asks Student B.
"A banana," says A.
"Oh, a banana," says B.

Student B then passes the object to C and says: "This is a banana."
"A what?" says C.
"A banana," says B.
"Oh, a banana," says B.
The object continues to be passed from one student to the next around the circle.

4. Meanwhile, a second small object should travel the opposite way around the circle with the same verbal exchanges, except the second object has a different title: "This is an apple."
"A what?"
"An apple."
"Oh, an apple."
And so on.
The object is to pass both objects around the circle at the same time.

Closure: Ask the following questions:

1. "What did you need to do well in this game?"

2. “What made this game challenging?”