Lesson 13

Area: Pay Attention

Title: A What?

Objective: Students will learn the importance of listening as a tool for paying attention.

Materials: Any two small objects that can be passed around a circle of students.

Activity:

1. Before the activity begins, explain to students that they need to make a name, real or silly, for an object.

2. Students need to stand or sit in a circle.

3. Student A hands the object to student B and says: “This is a banana.” “A what?” asks Student B. “A banana,” says A. “Oh, a banana,” says B.

Student B then passes the object to C and says: “This is a banana.” “A what?” says C. “A banana,” says B. “Oh, a banana,” says B. The object continues to be passed from one student to the next around the circle.

4. Meanwhile, a second small object should travel the opposite way around the circle with the same verbal exchanges, except the second object has a different title: “This is an apple.” “A what?” “An apple.” “Oh, an apple.” And so on. The object is to pass both objects around the circle at the same time.

Closure: Ask the following questions:

1. “What did you need to do well in this game?”
2. “What made this game challenging?”