

Lesson 14



Area: Pay Attention

Title: **Noticing**

Objective: Students will identify and reflect on characteristics that affect social situations.

Materials: Characteristics That Affect Social Situations Worksheet

Activity:

1. Divide students into small groups. Give each student group one set of 4 characteristics to present. Encourage students to demonstrate and or explain both a positive and a negative example of each characteristic.
2. Allow about 5 to 7 minutes for students to rehearse in their group. Then have each group present their examples allowing 2 minutes per group.

Closure: Do people always make the impression they intend to make? Why or why not?



CHARACTERISTICS THAT AFFECT SOCIAL SITUATIONS

Things that make impressions on others, whether we intend them to or not:

1. Tone of voice—It's not what you say, it's how you say it
2. Loudness—What volume do you speak? What's too loud/soft?
3. Speech Rate—Do you speak fast, slow or somewhere in between?
4. Eye contact—Do you make eye contact when speaking with others?

5. Posture—Do you stand/sit in a way that shows respect and interest?
6. Facial Expressions—Do you look for clues in the faces of those with whom you are speaking? What do facial expressions say about inner feelings?
7. Gestures—What hand or arm movements do you use? Are they appropriate in all settings?
8. Personal Appearance—Are your clothes clean? Hair combed? Does your appearance fit the setting?

9. Punctuality—Are you on time? Does it matter if you or others are late?
10. Cleanliness—Have you bathed/showered today? Washed your hair and clothes? Used deodorant? Are other people offended by a lack of cleanliness?
11. Habits and mannerisms—Are there little things you do all the time? (tap, jiggle, hum, sing)? Are some habits/mannerisms annoying?
12. Allowing space—How much space is comfortable between people? When do you feel crowded or offended by others being too close?

13. Manners—What does being polite and acting in a respectful way say about you?
14. Touch—How and when we touch others depends on circumstances. Can touching be too personal in some situations?
15. Pacing—Are you always the first one done with assignments? Want to be the first in line? Are you frequently last? Does your pace match other people? Does it matter?
16. Movement—Does the way you walk send messages to others? Do you run/push in crowded areas? How does the way you move in large groups speak to others?