

Lesson 20



Area: Take Responsibility

Title: **Personal Discovery**

Objective: Students will examine his or her strengths and weaknesses in personal responsibility.

Materials: “Personal Discovery” Self-Evaluation Worksheet
Writing Utensils

Activity: Introduce activity by briefly reviewing what students know and remember about the concept of personal responsibility.

Pass out evaluation sheets and clarify the directions. Students will work independently on the worksheet for 5-10 minutes.

Closure: Give time for student feedback, but honor and respect the choice of students who do not want to share. “What did you learn about yourself by completing the evaluation?”

Ask the reflection questions from the worksheet.

Depending on the needs of your classroom, have students hand in their papers and put in student files.

Option; have students seal their answers in an envelope or record their answers in their journals for privacy.



Personal Discovery Self-Evaluation Worksheet

Directions: Read the following questions and circle the appropriate answer. For use with the lesson “Personal Discovery”.

1. I turn in my school assignments on time.

strongly agree agree disagree strongly disagree

2. I earn grades in my classes that reflect the best of my ability.

strongly agree agree disagree strongly disagree

3. I come to class with the materials.

strongly agree agree disagree strongly disagree

4. I take time outside of class to do homework and class projects.

strongly agree agree disagree strongly disagree

5. I have responsibilities at home, and I do them without being reminded.

strongly agree agree disagree strongly disagree

6. I seek help from adults when I need it.

strongly agree agree disagree strongly disagree

7. My friends can count on me.

strongly agree agree disagree strongly disagree

8. I am prepared and on time for activities outside of school.

strongly agree agree disagree strongly disagree

9. I take responsibility for my actions, especially the mistakes I make.

strongly agree agree disagree strongly disagree

10. I avoid saying and doing things that have negative consequences.

strongly agree agree disagree strongly disagree

Reflection Questions:

- 1. Based on your responses, what are some things that reflect your strengths in the area of responsibility?**
- 2. What areas do you have to work on improving?**
- 3. Based on your responses, what do you predict will be your greatest challenge in high school?**
- 4. How does being responsible affect your whole life? (at home, school, work, etc.?)**