Lesson 27

Area: Apologize

Title: I Did Something Terrible

Objective: Student will find alternate ways to make amends

Materials: “I Did Something Terrible” Worksheet

Activity: **Optional: Teachers are advised to try and take an example from your life (to make activity more meaningful), or use the following examples and go over worksheet questions with students and discuss as a group.

*Examples:*
I missed an important meeting because I did not look at my planner and forgot.
One of my children broke a vase in the house after I told him/her not to throw a ball in the house.

1. Divide students into groups of 3-5.

2. Pass out worksheet and briefly explain what the groups should do. Give the groups 5-7 minutes to complete the worksheet.

3. After the worksheet is completed, have students share what they wrote. Discuss as a class the different answers that came up.

Closure: Tell the class that, “This could be the week where you apologize to a friend or family member.”
“You were walking home with a group when you said something disrespectful about one of your friends’ family and your friend was really hurt. You have been avoiding each other since. You want to apologize, because you know what you said was wrong, but you don’t think it will help. What could you do?

1. Why do you think apologizing won’t help?

2. How could you show you are sincere when you apologize?

3. What further actions could you take after apologizing?