Lesson 33

Area: Give Constructive Criticism

Title: Compliments and Criticism

Objective: Students will brainstorm and practice how to respond to compliments and criticism.

Materials: Board or Overhead

Activity:
1. Tell the class that, “We all have a hard time knowing how to respond to compliments as well as criticism. Often we put ourselves down when someone gives us a compliment or get defensive when we are offered constructive criticism.”

2. Ask the class, “How do you feel when you are given a compliment?” How do you feel when you are criticized?” Facilitate a discussion around these feelings.

3. Brainstorm list of responses to compliments and criticisms.
   For example:

   **Compliments**
   - Thank you.
   - Thanks, I never thought of that.
   - I appreciate that.
   - You’re good at that too.
   - I practiced hard.

   **Criticism**
   - Thank you
   - Thanks, I never thought of that.
   - I’ll think about that.
   - That’s one idea.
   - I’m pretty comfortable with the way I do it. Thank you though.

4. With a partner have students practice giving and receiving compliments and constructive criticisms.

Closure: Tell the class that, “Compliments and criticisms can help us grow. They are both awkward to hear. Think about how you can accept both with tact.”