

Lesson 33



Area: Give Constructive Criticism

Title: **Compliments and Criticism**

Objective: Students will brainstorm and practice how to respond to compliments and criticism.

Materials: Board or Overhead

Activity: 1. Tell the class that, “We all have a hard time knowing how to respond to compliments as well as criticism. Often we put ourselves down when someone gives us a compliment or get defensive when we are offered constructive criticism.”

2. Ask the class, “How do you feel when you are given a compliment?” “How do you feel when you are criticized?” Facilitate a discussion around these feelings.

3. Brainstorm list of responses to compliments and criticisms.
For example:

Compliments

- Thank you.
- Thanks, I never thought of that.
- I appreciate that.
- You’re good at that too.
- I practiced hard.

Criticism

- Thank you
- Thanks, I never thought of that.
- I’ll think about that.
- That’s one idea.
- I’m pretty comfortable with the way I do it. Thank you though.

4. With a partner have students practice giving and receiving compliments and constructive criticisms.

Closure: Tell the class that, “Compliments and criticisms can help us grow. They are both awkward to hear. Think about how you can accept both with tact.”

