

Lesson 34



Area: Give Constructive Criticism

Title: **Creating Positive Statements**

Objective: Students will show how to communicate their opinions in positive ways.

Materials: Overhead
Overhead transparency-Criticizing Statements

Activity:

1. As a class, discuss the criticizing statements.
2. Have students change the criticizing statements to more constructive statements.

Closure: Discuss the differences between criticizing statements and constructive statements.
Discuss the differences in the undertone of each statement. What makes it sound negative? What makes it sound positive?
Encourage students to try a constructive statement the next time they confront someone in a situation that makes them angry or sad.



Criticizing Statements

“Joey, you always leave your room a mess. You throw your clothes on the floor and leave dirty food dishes—I hate the way it looks and it drives me nuts. You are such a slob!”

“I cannot believe that you told Maureen that I liked her and that I want to go out with her. You know I did not want anyone to know. How could you be such a jerk?”

“You always interrupt me. You can’t listen to anybody but yourself. You are such a mouth!”

“No you don’t! Don’t even go there. You always want to tell me what to do. You always worry about where I want to go and who I should hang around with. You are such a pain!”