



- Tool:** Listen
- Title:** What a Good Listener Looks Like
- Objective:** Participants will identify attributes of a good listener.
- Materials:** Paper, markers

- Activity:**
1. Have each participant think about someone they consider being a good listener. Have them think about what specific behaviors this person demonstrates that identifies them as a strong listener.
  2. Each individual should share their thoughts with a small group.
  3. In their small groups, have the participants draw in pictures ( no words) what a good listener looks like. For example, if they think that a good listener makes eye contact, they might draw a picture with a figure with large eyes.
  4. Each small group should elect a spokesperson to share their picture with the large group. The spokesperson should share all of the listening behaviors represented in their picture.

- Debrief:** Ask the participants the following questions:
1. How did you know someone was a good listener?
  2. What were some common behaviors of a good listener?
  3. What good listening behaviors do you exhibit? Which ones do you need to work on?
  4. What do you think are obstacles to good listening?
  5. What are some strategies for minimizing these obstacles?