Activity:  
1. Divide the students into 2-4 teams. This could be played as Charades.
2. A member of each team will draw one feeling card and act it out for their team. *Suggestion-start with easier ones and work your way to the harder ones.
3. The team has 2 seconds to guess the emotion. One point is given for each correct guess.

Closure:  
After 10 minutes, stop the activity and ask the following questions:
1. “Which feelings were easiest to recognize? Why?”
2. “Which feelings were hardest to recognize? Why?”